

Webheath Academy Primary School

Physical Education (PE) Policy 2021-22



Approved, ratified and adopted by the local governing body on 22nd November 2021.

Chair: Jo Veale

This policy will be reviewed annually

Intent

At Webheath Academy Primary School, Physical Education is an integral part of our curriculum and we strive to create a culture which aims to inspire an active generation to enjoy physical activity, encourage each other and achieve. We provide a safe and supportive environment for children to flourish in a range of different physical activities which is essential in supporting their physical, emotional, spiritual, social and moral development. We aspire for children to adopt a positive Growth Mindset and believe that anything can be achieved with determination and resilience. At Webheath we offer a dynamic and varied program of activity to ensure that all children progress physically through a unique and fully inclusive PE curriculum. Our curriculum aims to improve the well-being and fitness of all children, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. We aim to deliver high quality teaching and learning opportunities that enable all children to achieve their personal best. All children participate in competitive sport which can be against self and others. We aim for all children to be physically active for sustained periods of time and to be able to make informed decisions to lead healthy and active lives, thus, embedding life-long values. Swimming is an important life skill and we aspire for all children to leave primary school having met at least the minimum requirements of the National Curriculum.

Implementation

PE at Webheath Academy Primary School provides challenging and enjoyable learning through a range of sporting activities including invasion games, net & wall games, striking and fielding games, gymnastics, dance, health and fitness, outdoor and adventure and swimming.

- Pupils in KS2 attend swimming lessons weekly for a term. This currently occurs in Year 4. We offer intensive intervention opportunities for children further up the school who have not yet met the minimum standard. We also offer intensive intervention opportunities for children lower down the school to expose them to swimming sooner. Swimming kit consists of appropriate swimwear and a towel. Goggles are allowed if the parent and pupil feel they are necessary.
- Pupils participate in at least 2 hours of high-quality PE lessons each week, covering different skills focuses each half term based on our progression map.
- The progression map outlines which skills are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met. This is tracked by the PE co-ordinator and used as handover for transition at the end of the academic year so that the new class teacher is aware of what the class has already been taught and to identify any areas that need further development.
- All staff can access the Medium-Term planning for each year group which encompasses PE, showing how it fits into other subjects where appropriate.
- Children are encouraged to participate in the varied range of extra-curricular activities. We provide inclusive and enjoyable clubs which increase children's physical activity. Clubs are offered to both KS1 and KS2 children.
- Physical activity is embedded throughout the school day through the use of Teach Active, active learning, BBC Supermovers, Just Dance and iMoves active blasts.

- Active travel is encouraged, and we take part in the annual Big Pedal and Walk to School Week events.
- Children are encouraged to stay active at break times and can access a variety of equipment to use. They also have the option of joining more structured games and opportunities including traditional and alternative activities. Active break and lunchtimes are promoted and organised by a designated member of staff, currently our PE apprentice.
- Year 6 children have the option of becoming Play Leaders for the school. Training for this is provided by our PE and School Sports Co-ordinator and PE apprentice. The Play Leaders develop into sporting role models for the younger children, assisting with and organising games at break times.
- Children are invited to attend competitive sporting events and festivals within the local area and beyond. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events can take place in-person as well as virtually. They also develop teamwork and leadership skills and are very much enjoyed by children.
- Alternative sports are offered through active break and lunchtimes, PE lessons and extra-curricular clubs. These include archery, yoga, ten pin bowling and boccia.
- We utilise local links including WCCC, Betts Squash, Worcester Warriors Rugby and Shaun Smith Dance to ensure that we can grow talent and provide varied opportunities.
- We utilise local links to provide CPD for our staff, including WCCC Chance to Shine Cricket and Bourneville RFC.
- Teachers report on achievement in PE annually and patterns are identified to provide future support.
- Our least active and/or least able pupils in PE are offered a PE intervention in blocks of 6 weeks to develop particular skills. We feel that children who are more confident in PE are more likely to continue to lead an active, healthy lifestyle beyond primary school.
- All pupils are encouraged to participate in PE and adjustments are made to suit all learners. Any non-participants (e.g. if injured) are engaged in other ways to ensure lesson objectives are still understood.

To implement our PE curriculum, we ask teachers and pupils to come to school wearing PE kit on their designated PE days. PE kit and expectations at Webheath consists of the following:

- White t-shirt
- Burgundy shorts/burgundy tracksuit
- Trainers (not pumps for outdoor PE)
- All jewellery removed on PE days – ideally at home before the school day
- Earrings must be removed for PE. Children may only wear tape (supplied from home) if their ears have recently been pierced and only for a temporary period. Pupils who wish to have their ears pierced are encouraged to do so over the holidays to minimise risk during PE lessons. Staff are not permitted to remove or replace earrings for pupils
- Long hair must be tied back
- Smart fitness tracker bands may be worn if covered by a sweat band

Impact

At Webheath Academy Primary School, we ensure that our PE curriculum is progressive and allows children to develop fundamental skills whilst applying them to a variety of sports and activities. All children are provided with the necessary skills and given opportunities to demonstrate improvement to achieve their personal best. Our pupils are physically active, and this has a positive impact on their learning in the classroom. Children understand how to lead a healthy lifestyle and understand the importance of regular exercise. Our least active pupils are encouraged to lead a more active lifestyle and our least able pupils in PE feel supported to improve. We aspire for children to enjoy PE and develop a love of sport and physical activity which becomes part of their future life outside of primary school. Children can represent the school at sporting events from local to county level. Alongside this, we share sporting achievements both in and out of school in High Fliers Assembly, so that we are promoting sports and activities, as well as celebrating all levels of success. We aim for all Year 6 pupils to leave school with the skills to competently swim at least 25m and are equipped to perform safe-self rescue in the water.

Policy written by:

Emma Clifton PE coordinator

Date:

4th October 2021